

LECTURE PRESENTATION

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# The epidemiology of age-related hearing loss, social aspects and interaction with chronic disease of older adults

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Hearing loss is one of the most prevalent chronic conditions affecting older adults. In U.S. studies, prevalent estimates of hearing loss in adults aged 65 and older range from 30% to 83% depending upon the definition used. European studies suggest a steady decline in hearing from the sixth to ninth decades.

Although age-related hearing loss is not life-threatening, it affects quality of life and can have a negative effect on a person's health. It diminishes an individual's ability to communicate effectively, jeopardizes one's autonomy, and has been correlated with an increased incidence of clinical depression and social isolation.

These findings highlight the need for improved methods of identifying individuals with age-related hearing loss and improving services for providing hearing aids, and auditory rehabilitation. Identifying individuals with hearing loss and supplying appropriate hearing aids and teaching coping strategies may have a positive impact on quality of life for older people.

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## Reference

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